

Come for lunch, stay for fun!

Monday—Friday, 11:30 a.m.—1:30 p.m. 7574 N. Lincoln Avenue, Skokie (Inside the Ethical Humanist Society)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|
| 2 Sitcom Monday <ul style="list-style-type: none"> • Roast Chicken • Diced Parslied Potatoes • Carrots • Melon | 3 Chair Yoga Blood Pressure Screening <ul style="list-style-type: none"> • Chicken Chardonnay • Mashed Potatoes & Broccoli • Apple Bar • Pineapple Orange Salad | 4 Closed All-Employee Meeting | 5 Zumba Gold <ul style="list-style-type: none"> • Hamburger • Wild Rice Soup • Coleslaw • Melon | 6 Film Friday <ul style="list-style-type: none"> • Pollock Fish Fillet • Baked Potatoes • Vegetable Blend • Lemon Mandarin Pudding |
| 9 Wii Games <ul style="list-style-type: none"> • Roast Beef • Mashed Potatoes • Brussels Sprouts • Chilled Pears & Cookie | 10 Chair Yoga <ul style="list-style-type: none"> • Turkey & Spinach Wrap • Bean Soup • Banana • Melon | 11 Cardio Burst Boost Your Brain & Memory <ul style="list-style-type: none"> • Spaghetti & Meatballs • Broccoli • Chilled Peaches | 12 Zumba Gold <ul style="list-style-type: none"> • Egg Salad Sandwich • Tomato Florentine Soup • Pea Salad • Cranberry Applesauce | 13 Skokie Public Library <ul style="list-style-type: none"> • Stuffed Shells with Ricotta Cheese and Marinara • Meatballs • Italian Green Beans • Caesar Salad & Lemon Bar |
| 16 Game Show Party <ul style="list-style-type: none"> • Meat Loaf • Mashed Potatoes • Stewed Tomatoes • Pineapple Tidbits | 17 Chair Yoga Blood Pressure Screening <ul style="list-style-type: none"> • Caprese Pasta Salad with Chicken • Split Pea Soup • Carrot Raisin Salad & Fruit | 18 Cardio Burst <ul style="list-style-type: none"> • BBQ Chicken Thigh • Oven Fries • Green Beans & Onions • Fruit Jell-O | 19 Zumba Gold <ul style="list-style-type: none"> • Broccoli Quiche • Tomato Vegetable Soup • Fruit Yogurt • Whole Orange | 20 Film Friday <ul style="list-style-type: none"> • Roast Turkey • Roasted Diced Potatoes • Mixed Vegetables • Pie |
| 23 Holiday TV Classics <ul style="list-style-type: none"> • Roast Chicken • Au Gratin Potatoes • Corn • Pumpkin Bar | 24 Closed  | 25 Closed | 26 Zumba Gold <ul style="list-style-type: none"> • All-Beef Hot Dog • Oven Fries • Bean Casserole • Melon & Banana | 27 Film Friday <ul style="list-style-type: none"> • Lasagna with Meat Sauce • Broccoli • Vegetables • Oatmeal Raisin Cookie |
| 30 Sitcom Monday <ul style="list-style-type: none"> • Roast Turkey • Baked Sweet Potatoes • Bread Stuffing • Vegetables & Fruit | 31 Closed  | 1 JANUARY Closed | 2 JANUARY Zumba Gold <ul style="list-style-type: none"> • Tuna Salad • Spinach Salad • Hard-Boiled Egg • Cream of Broccoli Soup • Tri-Bean Salad & Fruit | 3 JANUARY Film Friday <ul style="list-style-type: none"> • Citrus Alaskan Pollock • Rice Pilaf • Vegetable Blend • Chickpea Salad & Melon |

Menu subject to change.