

Come for lunch, stay for fun!

Monday—Friday, **Doors Open:** 10:30 a.m.—2:00 p.m., **Lunch Served:** 11:30 a.m.—1:30 p.m.
7574 N. Lincoln Avenue, Skokie (Inside the Ethical Humanist Society)

JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 DECEMBER Sitcom Monday <ul style="list-style-type: none"> Roast Turkey Baked Sweet Potatoes Bread Stuffing Vegetables & Fruit 	31 DECEMBER Closed 	1 Closed	2 Zumba Gold <ul style="list-style-type: none"> Tuna Salad Spinach Salad Hard Boiled Egg Cream of Broccoli Soup Tri-Bean Salad & Fruit 	3 Film Friday <ul style="list-style-type: none"> Citrus Alaskan Pollock Rice Pilaf Vegetable Blend Chickpea Salad & Melon
6 Po-Ke-No <ul style="list-style-type: none"> Roast Beef Mashed Potatoes Peas & Carrots Whole Orange 	7 Chair Yoga (Video) Blood Pressure Screening <ul style="list-style-type: none"> Chicken Salad Cream of Potato Soup Cinnamon Apples 	8 Boost Your Brain & Memory <ul style="list-style-type: none"> Turkey Divan Rice Pilaf & Broccoli Fruit & Biscuit Oatmeal Raisin Cookie 	9 Zumba Gold <ul style="list-style-type: none"> Turkey Trio Sandwich Split Pea Soup Banana Cranberry Juice 	10 Film Friday <ul style="list-style-type: none"> Chicken Breast with Marinara Penne Pasta Squash Medley Chilled Peaches
13 Music with Marty <ul style="list-style-type: none"> Roast Chicken with Shredded Cabbage Diced Parslied Potatoes Carrots & Melon 	14 Chair Yoga <ul style="list-style-type: none"> Chicken Chardonnay Mashed Potatoes Broccoli Pineapple Orange Salad Apple Bar 	15 Cardio Burst <ul style="list-style-type: none"> Beef Chili Macaroni & Cheese Vegetable Blend Fruit Cocktail 	16 Zumba Gold <ul style="list-style-type: none"> Hamburger Wild Rice Soup Coleslaw Melon 	17 Film Friday <ul style="list-style-type: none"> Pollock Fish Fillet Baked Potatoes Vegetable Blend Lemon Mandarin Pudding
20 Game Show Party <ul style="list-style-type: none"> Roast Beef Mashed Potatoes Brussels Sprouts Chilled Pears & Cookie 	21 Chair Yoga Blood Pressure Screening <ul style="list-style-type: none"> Turkey & Spinach Wrap Bean Soup Banana Melon 	22 Cardio Burst <ul style="list-style-type: none"> Spaghetti & Meatballs Broccoli Chilled Peaches 	23 Zumba Gold <ul style="list-style-type: none"> Egg Salad Sandwich Tomato Florentine Soup Pea Salad Cranberry Applesauce 	24 Film Friday <ul style="list-style-type: none"> Cheese Ravioli Alfredo Zucchini Mixed Fruit
27 Sitcom Monday <ul style="list-style-type: none"> Meat Loaf Mashed Potatoes Stewed Tomatoes Pineapple Tidbits 	28 Chair Yoga <ul style="list-style-type: none"> Fish Sandwich Baked Potato Carrot Raisin Salad Warm Peach Crumble 	29 Wii Games <ul style="list-style-type: none"> BBQ Chicken Thigh Oven Fries Green Beans & Onions Fruit Jell-O 	30 Zumba Gold <ul style="list-style-type: none"> Dill Shrimp Pasta Salad Tomato Vegetable Soup Fruit Yogurt Whole Orange 	31 Skokie Monthly Celebration <ul style="list-style-type: none"> Chicken Milan Rigatoni Carbonara Sauteed Zucchini Medley Garlic Bread Stick

Menu subject to change.