



May 20, 2020

Dear Mather Employees,

Over the next few weeks and into summer we anticipate that states will begin to ease stay-at-home restrictions, more businesses will open up, and social gatherings will occur. It is critically important that, as a Mather employee, we *continue to be vigilant* on safe practices when it comes to the spread of Coronavirus disease.

[Please watch this short video which provides an important update.](#)

Take these steps to reduce the risk of contracting COVID-19. Do this for yourself, your family, your colleagues, and the people you serve each day:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Practice “physical distancing” when out of your home; stay 6 feet away from others while shopping, walking, etc.
- Wear a mask or face covering when in public. Avoid touching your eyes, nose, and mouth.
- Avoid large gatherings or where more than 10 people are gathered.
 - Avoid shaking hands or hugging people who are not part of your household.
- Clean and disinfect frequently touched objects and surfaces at home and work.
- Wash your work uniforms in hot water, or at least as hot as possible, after every use to help prevent the spread of infection.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid close contact with people who are sick.
- Stay home if you are sick or suspect you are becoming sick.

Take care and stay well.

Sincerely,

Mary Leary
CEO & President

COVID-19 SYMPTOMS:

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your manager or your Human Resources representative. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting. **Newer symptoms recently added include headache, chills, and muscle pain.** Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes may also be COVID-19 symptoms.