



**FOR IMMEDIATE RELEASE:**

**Mather Named Nation's Best and Brightest in Wellness® Award Recipient**

**EVANSTON, IL, February 25, 2022** – Mather, an 81-year-old, non-denominational not-for-profit organization whose mission is to create Ways to Age Well<sup>SM</sup>, announces it has been honored with a National Association for Business Resources (NABR) Nation's Best and Brightest in Wellness® Award for the third consecutive year. The program honors companies that promote employee well-being, worksite health, and wellness. Mather accepted the award during NABR's Illuminate Business Summit week-long celebration last month.

"We are honored to be recognized for our workplace wellness and well-being offerings," said Mary Sullivan, Senior Vice President of Human Resources, Mather. "At Mather, we're proud to provide our employees wellness programs, staff development, and online education to allow them to grow both personally and professionally."

Mather and other Best and Brightest entrants were evaluated by an assessment created and administered by SynBella, the nation's leading wellness systems firm, and were examined statistically for quantitative and qualitative data. Each survey was scored on a point system based upon criteria to benchmark and improve wellness program effectiveness, including outcomes, analysis, tracking, participation & incentives, benefits and programs, leadership, employee input, culture, and environment.

"The Best and Brightest is a powerful community of elite leaders who share ideas and practices and have proven they are employers of choice. Best and Brightest winning companies have also been a voice for important action in creating a sustainable culture that works and ensuring the wellbeing of their employees come first," said Jennifer Kluge, President and CEO, NABR and the Best and Brightest Programs.

Among the wellness programs and benefits at Mather are a Learning to Age Well program, where employees are reimbursed for completion of enrichment classes such as yoga, cooking classes, and more; tuition reimbursement of up to \$5250 for full-time employees, and \$2625 for part-time.

Mather also provides a 401(k) program with strong employer contribution, employee and family assistance program with 24-hour counseling and referral services available for free; along with medical and dental insurance, extended illness protection, short and long-term disability, life insurance, life insurance on spouse or domestic partner, and generous paid time off.

Mather's organizational philosophy is called "Eliminating my Impossibilities" – created to support the older adults they serve, it also serves as a guiding principle for staff, who are encouraged to take initiative, find new passions and skills, and eliminate barriers to their happiness and fulfillment. It is a part of Mather's employee training, culture, and language.

Individuals interested in working for this not-for-profit organization may attend a hiring event on March 2, between 1:00-4:00pm at The Mather, 425 Davis Street, Evanston. For more information and to register, [visit on the web](#).

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**ABOUT MATHER**

Based in Evanston, Illinois, Mather is an 81-year-old, non-denominational not-for-profit organization that creates Ways to Age Well.<sup>SM</sup> Mather creates programs, places, and residences for today's young-at-heart older adults. To learn more visit [www.Mather.com](http://www.Mather.com).

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