



Lemon Chicken with Red Potatoes & Asparagus

CARB CONSCIOUS

Simple, sophisticated and delicious. We are hooked on this gem. We're smothering all-natural chicken breasts with a light lemon cream sauce and serving it up with roasted red potatoes and asparagus. It's summer cooking at its best and on the table in just thirty minutes.

2 servings @ \$15.50

☐ Customized based on your KITCHEN NOTES

3 servings @ \$18.00

4 servings @ \$14.00

6 servings @ \$14.00

Price per serving

Add Item



Pasta with Spinach Pesto (Vegetarian) or ADD Chicken, Steak, Salmon or Shrimp

Haven't had spinach pesto before? Neither had we, but once we tried it we were hooked. It gives a layer of flavor to the classic basil pesto that we love, to say nothing of the extra vitamin boost. We're making our version with plenty of lemon to keep things bright and mixing it up with roasted cauliflower bits, toasted pecans and penne pasta. Yum! -- To add chicken, steak, salmon, or shrimp, see "ADD PROTEIN" section below entrees. --

2 servings @ \$13.00

☐ Customized based on your KITCHEN NOTES

3 servings @ \$12.00

4 servings @ \$11.00

6 servings @ \$13.00

Price per serving

Bourbon and Bacon Steak Sliders

CARB CONSCIOUS

Bourbon and apple cider add a depth of flavor to sauces that's uniquely American. Paired with bacon and grilled onions, and our sliced bistro chateau steak, then smothered with melted cheese, it makes a slider that's a down-home favorite.

2 servings @ \$17.50

☐ Customized based on your KITCHEN NOTES

3 servings @ \$17.00

4 servings @ \$16.00

6 servings @ \$16.00

Price per serving

Carb Conscious Choice ☐ (check box)
Substitute red bell peppers for the bun(s).



Chive Beurre Blanc Salmon & Mushrooms

CARB CONSCIOUS

French white sauces have a reputation for being tricky, but the light, creamy Beurre Blanc is easier than you'd think. It's perfect with premium salmon, sautéed mushrooms and seared green beans.

2 servings @ \$16.50

☐ Customized based on your KITCHEN NOTES

3 servings @ \$16.00

4 servings @ \$15.00

6 servings @ \$15.00

Price per serving

Add Item



Red Pepper Shrimp with Feta and Orzo

CARB CONSCIOUS

Roasted red peppers make for a creamy-without-the-cream sauce that makes a healthy dinner feel indulgent. With sautéed shrimp, flavorful feta, olives and orzo pasta, it's a 15-minute dinner you'll love.

2 servings @ \$16.50

☐ Customized based on your KITCHEN NOTES

3 servings @ \$16.00

4 servings @ \$15.00

6 servings @ \$15.00

Price per serving

Carb Conscious Choice ☐ (check box)



Sweet Asian BBQ Chicken

Our test kitchen couldn't get enough of this sweet Asian BBQ sauce. With mae ploy sauce, tamari, honey and ginger, it's addictive. We're serving it with all-natural chicken breast, fresh green beans, and served over Yaki Soba Noodles. Yum!

2 servings @ \$15.50

☐ Customized based on your KITCHEN NOTES

3 servings @ \$15.00

4 servings @ \$14.00

6 servings @ \$14.00

Price per serving

Add Item