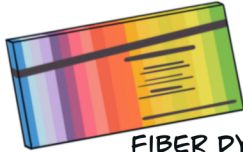


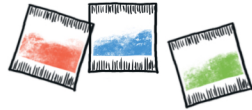
RESIST FIBER DYEING

SUPPLIES:

DISPOSABLE
GLOVES



FIBER DYE



ONE CUP OF WARM WATER
FOR MIXING DYE



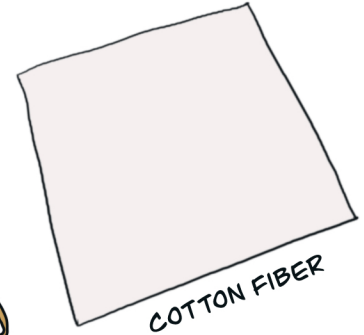
SOMETHING TO MIX
THE DYE WITH



BOWL OF WATER
FOR PRESOAKING FIBER



RUBBER BANDS



COTTON FIBER

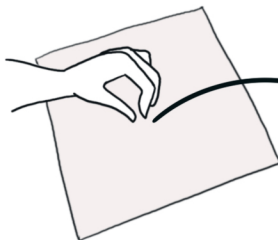
STEP 1:

PRE-SOAK FIBER
FOR 10-15 MINUTES
AND WRING OUT

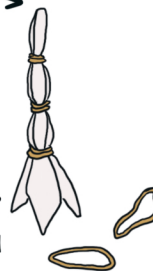


STEP 2:

LAY FIBER FLAT
PINCH IN CENTRAL SPOT AND LIFT



WRAP RUBBER BANDS
AROUND PINCHED FIBER
CREATING YOUR DESIGN



STEP 3:

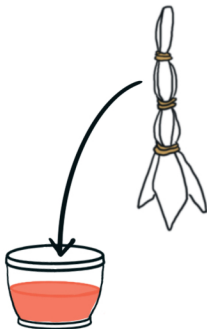
ADD ONE PACKET OF
POWDER DYE
TO ONE CUP OF WARM WATER



MIX THOROUGHLY

STEP 4:

IMMERSE FIBER BUNDLE
IN MIXED DYE



LEAVE FIBER BUNDLE
IMMERSED IN DYE
FOR A FEW MINUTES

STEP 5:

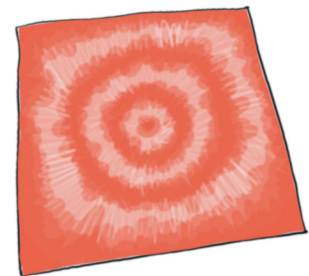
LET DYED FIBER BUNDLE
REST BEFORE RINSING



RINSE FIBER BUNDLE IN COLD WATER
UNTIL WATER RUNS **MOSTLY** CLEAR
REMOVE RUBBER BANDS

STEP 6:

HANG FIBER TO DRY NATURALLY



OPTIONAL:
AFTER FIBER
IS COMPLETELY DRY,
PUT IN DRYER
FOR A FEW MINUTES
TO HEAT SET